



Product Age Recommendations Sheet

Stock#	Product Name	Recommendations
11001	GoYin	General rule
11510	GoYin <i>On the Go</i>	General rule
GS007	Liquid Cleanse	Not for children under 18
GS040	Nutrition	General rule
GS046	Cell Water	General rule
GP00088/89	GPS E ²	12 and above; 1/2 of adults
GP00091	GPS PRO ARGININE	14 take 1/2 dose; 16 take 2/3 dose; 18 full dose
GP00090	GPS HYDRATION	General rule
GP00092	GPS RECOVERY	12 and above; 1/2 of adults
GP00094	GPS MOOMIYO EDGE	16 and above
GP00044	HT Meal Replacement Berry	12 and above; 1/2 of adults
GP00045	HT Meal Replacement Cacao	12 and above; 1/2 of adults
GP00046	HT Fruit & Fiber Mix	General rule
GP00047	HT Appetite Chews	12 and above; 1/2 of adults
GP00048	HT Fasting Solution	12 and above; 1/2 of adults
GP00049	HT Ionic Blend	12 and above; 1/2 of adults
GP00050	HT Metabolic Boost	12 and above; 1/2 of adults
GP00051	HT Natural Cleanse	Not for children under 18
GS001	Goji	General rule
GS002	Açaí	General rule
GS003	Mangosteen	General rule
GS004	Noni	General rule
GS005	Fusion	General rule
GS006	Coral Calcium	General rule
GS044	Silver	12 and above; 1/2 of adults
GP00030	CardioClean	12 and above; 1/2 of adults
GP00072	ENERGY	12 and above; 1/2 of adults
GP00065	YR Crème Cleanser	As needed
GP00066	YR Alcohol-Free Nourishing Toner	As needed
GP00067	YR Serum	As needed
GP00068	YR Moisturizer	As needed
GP00069	ECO PURE	Not for consumption

General rule - 12 years old take 1/2 of adult dose; 6 years old take 1/4 of adult dose; 3 years old take 1/8 of adult dose; not for younger than 3 years old

*** If you are suffering from a chronic illness or are pregnant or nursing, please contact your health care provider before consuming any of these products.**