

EDGE Athlete Challenge

Challenge yourself... Change yourself

Who's the BEST
in Oklahoma?!



All Sports Welcome
9th-12th grade Boys & Girls
Saturdays 11 am – 12 noon

(Pre-register by Friday prior to event)

The EDGE Challenge includes...



Sports technology app that combines recruiting & fundraising. Showcase page for every athlete, results filmed and posted to profile page, and a team website.



Athletic evaluation and online ranking system to compare your score with team mates and other athletes regionally and nationally.

SWAG Challenge includes resisted: Sprint / Backpedal, Chest press, Hurdle hop, Donkey kicks



NCAA Strength and Conditioning Coaches specializing in Combine prep & Sports Performance training.

Combine Challenge (Posted on profile)

- 10 yd. Dash (40 prep / Laser timed)
- Vertical Jump (Digital)
- Pro-Shuttle (Digital)

Performance is improved through intense competition!

EdgeSportsFitness.com

\$20 pre-registered
\$40 day of

13816 Santa Fe Crossing Dr., Edmond, OK 73013

To register, call or email:

(940) 391-3711 / Denny@EdgeSportsFitness.com

Shirts and give-a-ways
to top performers!