

Save 50% off / Combo package

1 Month unlimited group fitness training / normally \$150 / you pay \$75
4 Chiropractic adjustments / normally \$260 / you pay \$100
4 Massage sessions / normally \$280 / you pay \$140



1-Month Unlimited Group Training Classes

Whether you're an athlete trying to improve your speed or strength or an adult trying to shed some unwanted weight... We've got a program for you! Our coaches will make sure you are challenged, no matter what your current level of fitness. Mornings, evenings, and weekends available (See schedule online).

1 Month Unlimited Group Training \$75

4 Massage Sessions \$140

4 Chiropractic Adjustments \$100

TOTAL = \$315 / Normally \$690 (\$375 savings!)



4-Chiropractic Sessions (w/Dr. Hansen)

Just call to book your 4 appointments with Dr. Hansen!

LOGAN COLLEGE OF CHIROPRACTIC (St. Louis, MO)
UNIVERSITY OF OKLAHOMA (Zoology / Biomedical Science)
ACTIVE RELEASE TECHNIQUE (Certified)
CHIROPRACTIC SPORTS PHYSICIAN (Certified)



4-Massage Therapy Sessions (w/Ashlyn Truelove)

Call to get your 1st session set up with Ashlyn!

DEEP TISSUE STRETCHING
MYOFACIAL RELEASE
SPORTS MASSAGE
RELAXATION & PNF



RELEASE YOUR INNER ATHLETE!

Edmond's Strength & Conditioning Headquarters / NCAA Performance Coaching Staff

Help improve athletic performance, prevent injuries and promote longevity
through functional and sports-specific speed and power training

www.EdgeSportsFitness.com / (940) 391-3711

13816 Santa Fe Crossing Dr., Edmond, OK 73013 (Just off the Kilpatrick turnpike)